Catalyst Training Portfolio

Workshops, day courses & accredited programmes



Please tick any of the topics you wish to discuss and to receive an itinerary. All training is tailored and is delivered in 90-minute or ½-day workshops, 1-day or 2-day courses, or longer programmes spread over a period of weeks or months. The list is not exhaustive; if there are any titles not shown that you would like, please ask.

- □ Achieving Goals and Objectives
- □ Assertive Communication
- □ Appraisal and Performance Management
- □ Business Writing (Reports etc.)
- □ Change Management
- □ Coachee and Mentee Skills
- □ Coaching for Leaders and Managers
- □ Communication Skills
- □ Conflict Resolution
- □ Creativity and Innovation
- □ Customer Service Excellence
- Delegate, Develop, Achieve
- □ Effective Conversations
- □ Emotional Intelligence
- □ Empower, Enable, Engage
- Equality, Diversity and Inclusion
- □ Executive Development
- HR for Managers
- □ Inspire and Motivate
- □ Interpersonal Communication
- □ Leadership (All Levels)
- □ Listening and Questioning
- □ Management (All Levels)
- Meetings Management
- □ Mentoring for Leaders and Managers
- □ Minute-Taking
- □ Negotiating to Win
- □ NLP Tools for Best Practice
- Personal Brand
- Presenting with Impact
- □ Problem-Solving and Decision-Making
- Project Management
- □ Profiling for Development

- □ Recruitment and Selection
- Sales Dynamics (CRM Skills)
- □ Strategic Leadership and Management
- □ Succession Planning
- □ Team Building for High Performance
- □ Team Leading and Supervision
- □ Time Management
- □ Values and Behaviours

Profiling Tools

- □ Motivational Insights[™]
- □ Disc[®] Profiling
- □ Team Health Assessment Profile[™]

Coaching and Mentoring Support

- □ AKB[™] Review Sessions (Action Learning)
- □ APSP[™] Support Programme

Accredited Programmes

Institute of Leadership and Management (ILM)

- □ Level 2 (Supervisor/Team Leader)
- □ Level 3 (First Line Manager)
- □ Level 5 (Middle/Senior Manager)
- □ Level 5 Leading with Integrity
- □ Level 7 (Senior Manager/Director)
- □ Level 3 Coaching and Mentoring
- □ Level 5 Coaching and Mentoring

City & Guilds (C&G)

- Professional Manager as Trainer
- □ Train The Trainer and L&D Practices

IT Training

□ Excel • Word • PowerPoint • Outlook



www.catalystld.co.uk 0203 743 2323



Activate - Motivate - Excel